From: Deirdre Des Jardins < ddj@cah2oresearch.com>

Sent: Thursday, December 22, 2022 10:05 AM

To: disb@deltacouncil.ca.gov

Subject: Information on Long Covid and cognitive impairment

Dear Delta ISB members,

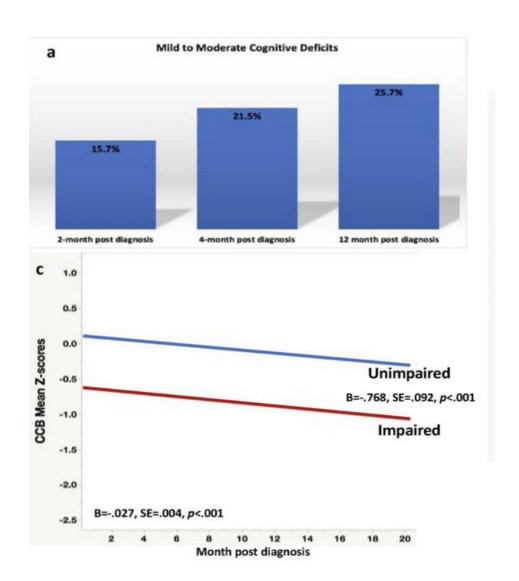
I mentioned this research on Long Covid at the last Delta ISB meeting. Please be careful about Covid this season -- there is a big surge right now and you are all a great asset to your fields and to the state of California.

Hannah Davis @ahandvanish

A #LongCovid paper with major findings:

- 1) Cognitive impairment was associated with activation of the kynurenine pathway (like Ron Davis's work in #pwME!)
- 2) Cognitive impairment increased over the 1st year, even in those who initially had none!
- 3) Cognitive decline was not associated with anxiety, or depression (both current or preexisting), olfaction, disease severity, respiratory function, the blood-based biomarkers of brain injury, or any of the cytokines including the interferons. #LongCovid

https://medrxiv.org/content/10.1101/2022.06.07.22276020v1



Deirdre Des Jardins California Water Research Integrative scientific synthesis



"Science is a way of thinking much more than it is a body of knowledge" -- Carl Sagan

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